



Activities

YEPPOON COMMUNITY CENTRE



Come on in and laugh, share, learn, do, grow, create, meet, discover, exercise and play

Day	Activity	Room	Time
Monday	Every Monday		
	CCHA Exercises	Room A&B	9.00am - 10.00am
	Keppel Kids Playgroup	The Garage	9.00am - 11.00am
	Tai Chi Capricorn Coast Beginners	Room A&B	10.00am - 12.00pm
	CCHA Mahjong	Room A&B	1.00pm - 4.00pm
	U3A Scrabble	The Garage	1.00pm - 4.00pm
	U3A Cards	Room C	3.00pm - 5.00pm
	Yeppoon NA	Room C	7.30pm - 9.00pm
	3rd Monday		
	U3A Book Club	Room C	10.15am - 12pm
	4th Monday		
	U3A Cultural Connections	Room B	5.00pm - 8.00pm
Tuesday	Every Tuesday		
	Social Computing	The Garage	9.30am - 11.30am
	CCHA Cards	Room A	1.00pm - 4.00pm
	1st Tuesday		
	Tuesday Writer's Group	The Garage	12.00pm - 3.00pm
	2nd Tuesday		
	U3A Astronomy & Space Science	Room B	10.00am - 12.00pm
	KCCC - Photography	Room B	7.00pm - 9.00pm
	3rd Tuesday		
	U3A Railway Technology	Room B	10.00am - 12.00pm
	Tuesday Writer's Group	The Garage	12.00pm - 3.00pm
	4th Tuesday		
	U3A - Cryptic Crosswords	Room B	10.00am - 12.00pm
	KCCC - Photography	Room B	7.00pm - 9.00pm
Wednesday	Every Wednesday		
	Age of Excellence - Manfit	Room A&B	6.30am - 7.15am
	Age of Excellence - Womanfit	Room A&B	7.15am - 8.00am
	U3A Mahjong	Room A&B	8.30am - 11.30am
	Capricorn Coast Textile Artists	The Garage	9.00am - 12.00pm
	Seniors Line Dancing	Rooms A&B	11.30am - 2.30pm
	U3A Recorder	Room C	11.30am - 1.30pm
	Yeppoon Yarners	The Garage	1.00pm - 3.00pm
	Tai Chi Capricorn Coast Group	Room A & B	5.00pm - 7.00pm
	2nd Wednesday		
	U3A Cryptic Crossword	Room B	2.30 - 4.30

Day	Activity	Room	Time
Thursday	Every Thursday		
	CCHA Tai Chi	Room A&B	9.00am - 10.30am
	U3A Ukulele	Room C	12.30pm - 2.00pm
	Yeppoon Ukulele Movement	Room A&B	3.00pm - 5.00pm
	1st Thursday		
	U3A Writing Workshop	Room C	9.00am - 11.00am
	2nd Thursday		
	U3A Art Group	The Garage	9.30am - 12pm
	3rd Thursday		
	Parkinsons Support group	Room C	9.00am - 11.00am
	4th Thursday		
	U3A Art Group	The Garage	9am - 12pm
Friday	Every Friday		
	Age of Excellence - Manfit	Room A&B	6.30am - 7.15am
	Age of Excellence - Womanfit	Room A&B	7.15am - 8.00am
	Friday Craft Group	Room C	9.00am - 12.00pm
	Al-Anon Support Group	Room A	12.00pm - 2.00pm
	Yeppoon AA	Room A&B	7.30pm - 9.00pm
	1st Friday		
	CCHA Exercises	Room A&B	8.45am - 9.45am
	U3A Music Appreciation	Room B	10.15am - 12pm
	2nd Friday		
	CCHA Exercises	Room A&B	8.45am - 9.45am
	U3A Chair Meditation	Room B	10.15am - 12pm
	3rd Friday		
	U3A General Meeting	Room A&B	9.30am - 12.00pm
	4th Friday		
	CCHA Exercises	Room A&B	8.45am - 9.45am
	U3A Talks & Tutors	Room B	10.00am - 12.00pm
Saturday	Every Saturday		
	Lego Based Therapy	Room C	9:00am - 5:00pm
	1st Saturday		
	Capricorn Dance Exchange	Room A&B	1.30pm - 4.15pm
Sunday	Every Sunday		
	Tai Chi Capricorn Coast Group	Room A&B	7.00am - 9.00am
	Living Waters Lutheran Church	Room C	11.00am - 1.00pm
	Every second Sunday		
	Upcycle CQ	Room C	2.00pm - 4.00pm
	Yeppoon Ukulele Movement	Room A&B	3.00pm - 5.00pm

Please note, this information may change without notice